








Legend

-  **Loop Trail**
Park Center Loop: 5.25 miles
Kit Creek Loop: 3.0 miles
Kit Creek Extension: 2.5 miles
-  **Connector Trail**
RTP Connector: 2.5 miles
-  **Spur Trail**
Park Center Extension: 1.25 miles

Trail mile markers are color-coded by trail type



Destinations along the Trails:

-  **RTP Headquarters**
12 Davis Dr
-  **The Frontier**
800 Park Offices Dr
-  **Softball Fields**
East Institute Dr
2500 S Tricenter Blvd
-  **Mountain Bike Trails**
Louis Stephens Dr

The Elizabeth Rooks Trail System is open to the public every day from dawn until dusk.

Public parking is available at any of the destinations listed above.

Please be respectful of other trail users and of the natural environment.

For any trail maintenance issues, please contact RTP Headquarters at 919-549-8181.